

Landis Communities Update July 16, 2020

In a statement yesterday, Governor Wolf said, "During the past week, we have seen an unsettling climb in new COVID-19 cases. When we hit our peak on April 9, we had nearly two thousand new cases that day with other days' cases hovering around 1,000. Medical experts looking at the trajectory we are on now are projecting that this new surge could soon eclipse the April peak. With our rapid case increases we need to act again now."

Along with the July 1 mandate to wear masks when leaving home, the new mitigation orders from Governor Wolf and Dr. Levine include:

- **Restaurant** occupancy limited to 25 percent of stated fire-code maximum occupancy for indoor dining. The maximum occupancy limit includes staff.
- **Events and gatherings** indoors of more than 25 persons are prohibited. Outdoor events and gatherings of more than 250 persons are prohibited. The maximum occupancy limit includes staff.
- **Gyms and fitness facilities**, while permitted to continue indoor operations, are directed to prioritize outdoor physical fitness activities. All activities must follow masking requirements and must provide for social distancing requirements of persons being at least 6 feet apart.

There has also been one update to the Department of Health list of states where Pennsylvania residents who visit these states are recommended to quarantine for 14 days upon return – Delaware is no longer on the list.

We would like to share with you a **COVID-19 Risk Index Infographic** created by doctors from the University of Pennsylvania, George Washington University, the University of Arizona and George Mason University. It indicates that the risk level of exposure can be based on four main factors: enclosed space, duration of interaction, crowds and forceful exhalation. It then categorizes many activities based on the level of risk they pose. This graphic will be shared on the Landis Communities website and copies will be made available at all affiliate locations.

Affiliate Updates

Landis Homes

Since last report, we are not aware of any new tests for symptoms. One test remains pending for a Residential Living resident. Universal testing results are still coming in from July 9. No positive cases have been reported to date.

The logo for "Cultivating Life, Together" features the word "Cultivating" in a large, purple, cursive font, with "Life, Together" in a smaller, purple, sans-serif font below it. The text is surrounded by a cluster of stylized leaves in various shades of green, yellow, and purple, arranged in a circular pattern.

This week a Department of Health surveyor arrived for a follow-up **Focused Infection Control Survey**. During her time here, she reviewed a timeline of our COVID-19 action plan, the COVID-19 and Emergency Staffing policies, the list of positive residents and team members, COVID-19 education, PPE and handwashing competencies, interviewed team members and toured Healthcare. In the end, she confirmed Landis Homes is in compliance with all infection control regulatory guidelines. She encouraged us to continue to be proactive in efforts and cautioned us to, “not let our guard down, as COVID is not over.”

The **Green Phase** of reopening continues to roll out. An updated plan will be placed in Residential Living mailboxes tomorrow. Next week we anticipate sharing a guide for campus visitors that will include the plans for reopening Healthcare and Personal Care as long as they remain free of COVID-19.

Landis Adult Day Services

Eden West Adult Day Services is preparing the center to reopen on August 3, 2020. Clients will be entering the center through the patio door and will be wearing masks and social distancing in the center. Although the Virtual ADS programs are continuing until reopening, we are looking forward to meeting again in person.

Pathways Institute for Lifelong Learning®

Pathways Institute for Lifelong Learning® is excited to offer FREE virtual courses to Landis Homes residents. These courses were recorded live in May and June by some of our stellar instructors and offer a taste of what our virtual courses will be like in the fall. The videos will be shown on Channel 5 in August and can also be viewed on the Pathways Institute website. The schedule will be posted in the channel guide on Channel 2.

Residents, clients and family members may contact Jenny Sheckells with questions or concerns at jsheckells@landis.org or 717.381.3573. You may find other communications and videos on our website: www.landiscommunities.org/COVID

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COVID-19 Risk Index

Risk levels for exposure vary based on four main factors:



Enclosed space



Duration of interaction



Crowds

Density of people + challenges for social distancing



Forceful exhalation

Sneezing, yelling, singing, and coughing

Low



Staying at home
Alone or with members of your household

Walking outdoors

With or without pets



Running or biking

Alone or with another person



Outdoor picnic or porch dining

With non-household people and physical distancing



Picking up takeout, food, coffee, or groceries from stores

Risks: Potential crowding and activity



Retail shopping

Risks: Indoor, close contact, potential clustering of people, high-touch surfaces



Playing "distanced" sports outside

Ex: Tennis or golf



Medium



Visiting hospital emergency department

Risks: Indoor, potential clustering of people



Medical office visit

Risks: Indoor, close contact, potential clustering of people, high-touch surfaces



Dentist appointment

Risks: Indoor, close contact, potential clustering of people, patient not wearing a mask



Taking a taxi or ride-sharing service

Risks: Dependency on frequency of cleaning, duration of ride, and number of passengers



Museum

Risks: Indoor, close contact/potential clustering of people

Outdoor restaurant dining

Risks: Close contact, potential clustering of people, challenge to wear a mask during eating

Medium / High



Exercising at a gym

Risks: Indoor, close contact/potential clustering of people, high-touch surfaces, difficult to wear a mask, high respiratory rate

Hair/hair salon and barbershops



Working in an office

Risks: Indoor, high-touch surfaces, prolonged close contact/potential clustering of people



Indoor restaurant or coffee shop

Risks: Indoor, prolonged close contact/potential clustering of people, prolonged close contact while eating and drinking

High



Bars and nightclubs

Risks: Enclosed space, prolonged close contact/potential clustering of people, high respiratory rate, yelling/projection of voice



Indoor party

Risks: Indoor, prolonged close contact/potential clustering of people

Additional risks: alcohol (loss of inhibition), shared joint/pipe (coughing)



Playing contact sports

Football, basketball, soccer, etc.
Risks: Prolonged close contact/potential clustering of people, yelling/projection of voice, unable to wear a mask



Air travel

Risks: Enclosed space, prolonged close contact/potential clustering of people, and high-touch surfaces



Public transportation

Subway or bus
Risks: Enclosed space, prolonged close contact/potential clustering of people, and high-touch surfaces



Concert

Risks: Enclosed space, prolonged close contact/potential clustering of people, high-touch surfaces, yelling/projection of voice



Religious services

Risks: Enclosed space, prolonged close contact/potential clustering of people, high-touch surfaces, yelling/projection of voice

Movie theater or live theater



Watching sports

Risks: Prolonged close contact/potential clustering of people, high-touch surfaces, yelling/projection of voice, enclosed space (if indoor)

**REOPEN INTELLIGENTLY.
REOPEN SAFELY.**