

Landis Communities Update January 27, 2021

Dr. Leon Kraybill, Chief of Penn Medicine Lancaster General Health's Geriatric Division, has been a resource for Landis Communities affiliates as we have faced challenges throughout the past year. He has also been featured in LNP several times during the pandemic with very meaningful insights, specifically regarding the older population.

Sunday, January 24, Dr. Kraybill shared in LNP an article titled, *A Year After Pandemic's Start, We Need to Remain Cautious*. He makes some important points we would like to share...

- The COVID-19 pandemic health crisis continues in Lancaster County and the nation, with record numbers of infections and deaths. COVID-19 remains a daily risk for everyone. The precautions of masking, physical distancing and handwashing are more important now than at any time in the past year. COVID-19 vaccination provides hope for future change, but even those who have received the shot cannot put down their masks or gather closely with others...
- We have four main ways to protect ourselves against COVID-19. These continue to be crucially important to our personal and community health.
 1. Masks to cover our mouth and nose...They should be available and considered for every moment of every day...
 2. Physical distance from others and choice of safe activities...
 3. Hand-washing...
 4. COVID-19 vaccine. This is the new tool becoming available to prevent infection or decrease severity of infection. The early scientific data suggests that COVID-19 vaccines will play a major role in finally bringing the pandemic under control, if a high percentage of Lancaster County residents are willing to be vaccinated. Many people are eagerly awaiting COVID-19 vaccination and are frustrated that it has not yet occurred. Hospitals, nursing homes and medical providers are also eager to protect their patients... Pennsylvania recently approved vaccine administration in 3.5 million people but has received about 1 million doses, most of which already have been administered...There are currently limited local supplies of the vaccine. In the next weeks, this supply will likely increase and eventually everyone can receive the vaccination. While it is hard to wait, patience and kindness will help all of us get through this time...
- The current COVID-19 crisis requires continued precautions from everyone every day. While reason for hope now exists, illness and death remain at record levels in Lancaster County. We must remain smart, careful and dedicated to proven protective measures against COVID-19 infection.

Vaccination continue across Landis Communities. The clinics held on December 28 and January 18 in conjunction with Healthcare residents, have resulted in 43% of team members receiving their first or first and second doses of the vaccine. Those needing the second dose will receive it on February 8.

Personal Care residents at Landis Homes and Welsh Mountain Home who consented, along with WMH team members, received their first dose on January 21. They will receive their second dose on February 11 and February 18 respectively. Thankfully, 67 Landis Homes Personal Care residents and 80% of eligible WMH residents received the vaccine. Team members at Landis Homes and WMH who have not already done so, will have opportunity to receive a first dose on the dates noted above.

On the Landis Homes campus, active resident volunteers who serve in the mailroom, General Store or as shuttle drivers were also offered the vaccine last week. It was exciting to see that 92.5% of those eligible, immediately said "Yes!" to the opportunity. Almost no side effects have been reported.

It is the goal of Landis Communities to achieve at least an 80-85% vaccination rate for both team members and residents. This is the target identified by scientific and medical leaders that will greatly reduce the spread of COVID-19 and will allow us to start getting back to "normal" interactions in our daily lives.

As shared last week, we recommend that anyone wishing to receive the vaccine take his or her first available opportunity to do so. We are continuing to update the Vaccine Location document that can be found on the Landis Communities and Landis Homes websites and we are also working diligently to pursue plans for affiliate on-site vaccination clinics for residents and clients. We hope to share more information on this in the very near future.

COVID-19 Cases and Deaths

The chart of Landis Communities COVID-19 cases and deaths is below. We are saddened to report one new death of a Landis Homes Healthcare resident. One team member in Personal Care tested positive since last report as did one Landis at Home team member. We are encourage by the slowing of new cases compared to several weeks ago.

Affiliate Updates

Landis Homes

Testing continues twice weekly for team members working in Healthcare and weekly for those in Personal Care. Residents in both areas are tested weekly or as needed based on possible exposure.

The Residential Living Reopening Plan dated January 14, 2021 remains in effect.

- Regarding **Visitor Screening**, please note that the plan says:
All visitors screened at self-screening stations in Crossings or Residential Living entrance. Name badge obtained and worn.
Please do not allow visitors to enter through patio doors or to skip screening because they have had COVID-19 or been vaccinated. **All visitors** must continue to go through self-screening and receive a name badge.
- As stated in the current plan, visitors are not to be in common areas or dining venues at this time. With the number of cases in the greater community, the risk of allowing guests in these spaces is still too high.

Welsh Mountain Home

WMH residents who received the COVID-19 vaccine on 1/21/21 are doing well. A few people reported minor side effects such as headache or pain at injection site. Our second vaccine

clinic will be held on 2/18/21. Any resident or team member who declined the vaccine in January, may receive their first dose in February. WMH continues to be restricted to visitors until the county positivity rate drops below 10%, but you may call Sarah Albertson to schedule a FaceTime visit with your loved one.

Landis at Home

Information about COVID-19 vaccination was sent to Landis at Home clients last week. In this mailing, there was a letter listing resources available for getting the vaccine and it referenced the Vaccine Locations listing on the Landis Communities website. This resource is being updated as new information is available.

Landis at Home has launched a new concierge service called Graceful Transitions. This service can assist with coordinating transitions like moves (packing, unpacking, decorating), downsizing, seasonal needs, as well as assistance with organization/decluttering. This service can also assist with getting your home ready to sell, including coordinating any fixes/updates and/or staging. Inquiries for Graceful Transitions can go to 717-509-5800.

Landis Adult Day Services

We are encouraged with the drop in the positivity rate in Lancaster County from 14% to 12% this past week. ADS staff and clients are looking forward to it continuing to drop so we can reopen when it goes below 10% for two consecutive weeks. Team members are in the process of receiving their vaccines for COVID-19 with most planning for their second dose on 2/8/21. We continue to offer Virtual ADS Monday through Friday.

Steeple View Lofts

We continue to have no known COVID-19 cases at SVL. Some of the residents have been able to secure first shots of the vaccine or up-coming appointments for a vaccination at the sites listed on the Landis Communities Vaccine Locations document.

Partner Updates

Lancaster Downtowners – The Lancaster Downtowners continue to welcome information about opportunities to receive the COVID-19 vaccine. Some members have scheduled appointments at local pharmacies, including Weis Markets. The Downtowners will provide transportation to vaccine appointments and will assist with online sign-up for members who request assistance through Just One Call.

Pathways Institute for Lifelong Learning® – Registration for the Spring 2021 term opens on January 28. As always, we are excited to offer a wide variety of courses (over 40 to choose from this term!) ranging in subject matter from music to history to contemporary issues and more! Affiliates and partners of Landis Communities enjoy a 25% discount off the membership fees. You can view the catalog and register at ThePathwaysInstitute.org. For more information call 717.381.3577 or email info@thepathwaysinstitute.org. Join our community of lifelong learners today!

Residents, clients and family members may contact Jenny Sheckells with questions or concerns at jsheckells@landis.org or 717.381.3573. You may find other communications and videos on our website: www.landiscommunities.org/COVID

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Landis Communities COVID-19 Tracking

Reporting Timeframe: January 19 – January 26, 2021 (denotes NEW in below chart)

	Organization/ Affiliate	Level of Care/Service Type	NEW Positive	Total Positive	Total Recovered	New Deaths	Total Deaths
Residents/ Clients	Landis Homes	Residential Living	0	17	15	0	2
		Personal Care*	0	28*	25	0	2
		Healthcare*	0	24*	20	1	4
	Landis Adult Day Services	All Clients	0	3	3	0	0
	Landis at Home	All Clients	0	2	1	0	0
	Welsh Mountain Home	Personal Care	0	31	25	0	6
	Mountain View Terrace	All Residents	0	1	0	0	1
	Steeple View Lofts	All Residents	0	0	0	0	0
Team Members	Landis Homes Campus (Includes Landis Homes & some Landis Communities)	Residential Living**	0	11	10	0	1**
		Personal Care	1	32	31	0	0
		Healthcare	0	66	66	0	0
		Other Campus Locations	0	0	0	0	0
	Landis Adult Day Services	All team members	0	2	2	0	0
	Landis at Home	All team members	1	10	9	0	0
	Welsh Mountain Home	All team members	0	9	9	0	0
	Steeple View Lofts	All team members	0	0	0	0	0

Please note: The above totals are based on reported cases/ results.

*Landis Homes resident case totals include residents who were admitted to more than one area.

**Team member deaths are based on knowledge of positive Covid-19 results only. We are unable to confirm team member cause of death due to privacy laws.