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# Landis Communities Update January 6, 2021

As we begin a new year with hope and encouragement for the future, we know that God is with all of us. We will get through this together! Please continue to do your part, including wearing face coverings, practicing hand hygiene, maintaining physical distance, avoiding indoor gatherings and taking the vaccine when it is available.

A graphic has surfaced on social media called The Swiss Cheese Respiratory Virus Defense. The thought is that, like Swiss cheese, no one intervention strategy is perfect at preventing the spread of COVID-19. There are "holes" in every "slice" of what we can do. BUT if you layer the slices together, the holes are eventually blocked and the virus cannot get through. The more slices we apply to our strategy, the greater the protection. It is interesting to note that the graphic labels some of these as Personal Responsibilities and others as Shared Responsibilities. You will notice that a vaccine is currently the last layer in the illustration and is very important, yet all of the "slices" are important.



As we shared last week, Landis Homes began offering the first doses of the Pfizer vaccine on December 28 to eligible Healthcare residents who consented to receive it as well as team members who work on the Landis Homes campus. CVS workers administered 201 doses that day. These individuals have reported very few side effects. A sore arm was all that most experienced. These people will receive the second dose on January 18. CVS indicated that the first dose will also be available on January 18 for skilled nursing residents who did not receive it in December and some additional team members. We have not been informed if residents in Personal Care will be included or the number of first doses that will be provide on that date. A third clinic is anticipated on February 8. Welsh Mountain Home has not been given a clinic date from their partner, Walgreens Pharmacy, but we are hopeful that this will be set in the very near future.

The team continues to work to help access the vaccine for residents, clients and team members as quickly as possible. We will share more information as it is available.

Any veterans age 75 or older should note that the Lebanon VA hospital has begun distribution of the COVID-19 vaccine. Their website says, "As vaccines become available for more groups of Veterans, VA care teams will reach out to eligible Veterans to schedule vaccinations. There is no need to preregister or come to a facility to sign up. Veterans can get up-to-date information on VA's VA COVID-19 vaccine webpage, which launched on December 11, 2020, and sign up to receive regular updates on the vaccine on the VA's Stay Informed page."

## Affiliate Updates

Last week we did not include Affiliate Updates because of the year-end message for all of Landis Communities. Much has changed with some affiliates in the past two weeks. Please read these messages carefully and keep all those affected by COVID-19 in your prayers.

# Landis Homes

## **Cases and Testing**

- Healthcare residents continue weekly COVID-19 testing and team members are tested twice weekly. There are currently seven positive team members in this area and three positive residents. Conestoga House is the designated quarantined Red Zone. Ephrata and Manheim House are currently designated Yellow, meaning there has been possible exposure to a person with COVID-19.
- **Personal Care** is reporting no positive resident or team member cases at this time. Aspen House remains Yellow due to possible exposure. Testing of Personal Care residents and team members continues weekly.
- **Residential Living** has one South Campus resident who recently tested positive. A notice was placed in all RL mailboxes to check your activity log for possible exposure. A notice was also placed on WLH.

# **Residential Living Reopening**

- The **fitness center and pool** have reopened under the previous guidelines from December. Residents are welcome to call the Wellness Center with questions or to schedule times in the fitness center or pool.
- **PeoplesBank** re-opened on January 5, 2021. Services are by appointments only. Residents are asked to call 717-724-8843 during their business hours to make an appointment. Residents must wear a face covering and maintain proper social distancing. As a result of the bank re-opening, the bus trip to the Oregon Pike branch has been cancelled.
- **Dining** restrictions remain in place, including no seating in the Owl Hill Bistro. We are continuing to take these precautions because the higher positivity rate in the county and possible effects of the holidays.

## Welsh Mountain Home

WMH was notified on Tuesday, January 5, 2021 that a team member tested positive for COVID-19. The team member last worked on 12/31/20 and became symptomatic on 1/2/21. Unfortunately this requires us to go back to quarantine status for our residents and we must halt reopening steps. Routine weekly testing of all team members and residents begins today and will continue until we have two consecutive weeks of negative tests for all. Please check the WMH Facebook page or our website to view the reopening policy and for updates on our current step in the process. At this time, we are not able to receive any visitors and residents are to remain in their rooms except for essential doctor visits.

#### **Mountain View Terrace**

Last week one Mountain View Terrace resident tested positive for COVID-19. Sadly, this resident passed away on Saturday. To our knowledge, there are no other cases in the building. Residents are remaining vigilant in practicing safety protocols.

#### Landis at Home

Landis at Home presently has three team members out due to exposure to COVID-19. We continue to advertise and recruit in order to grow our caregiving team so that we can meet requests for services. Some Landis at Home caregivers have started their two-part vaccine series. Others are scheduled to start in a few weeks. Our staff is continuing to use personal protective equipment and we ask clients and those in their household to follow the Governor's mask mandate guidelines by wearing masks when possible when Landis at Home staff are in the household.

#### Landis Adult Day Services

Landis Adult Day Services remains closed, as the Lancaster County positivity rate is above 10%. We are grateful for generous funds from the Golf Tournament and financial support from the Lancaster County Office of Aging, which allows us to continue to offer Virtual ADS 3 days per week. Clients' favorite activities on Virtual ADS are the trivia questions and the discussion group that give opportunity for them to share their knowledge and their stories.

## **Partner Updates**

**Lancaster Downtowners** continue to meet virtually and for regular, socially distanced walks. Usually at this time of year, we look forward to a pop-up White Out gathering at a downtown restaurant during the first snow. This year we are waiting for a 50-60 degree day to have a pop-up hot dog roast outside at the Wolf Garden. We are encouraged by the rollout of the vaccine.

**Pathways Institute for Lifelong Learning**® - Join us January 26 at 1:00 p.m. for the virtual kick-off event on Zoom to celebrate and start the Spring 2021 term. This will be an opportunity to connect with instructors and fellow lifelong learners. So far, 140 guests from Lancaster County have registered for this event. Please RSVP by January 12 by calling 717.591.7213 or by emailing info@thepathwaysinstitute.org

**FriendsLifeCare**® virtual webinars on Continuing Care at Home continue to be held. The next one is scheduled on January 14 at 10:00 a.m. RSVP to Joy Albright at 717-381-3599 or reserve at <u>FriendsLifeCare.org/Landis</u>

**Residents, clients and family members may contact Jenny Sheckells** with questions or concerns at <u>jsheckells@landis.org</u> or 717.381.3573. You may find other communications and videos on our website: <u>www.landis communities.org/COVID</u>

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