

Landis Communities Update February 3, 2021

According to the CDC, the first case of COVID-19 in the US was detected on January 21, 2020, in a person returning from China. Between that date and February 23, 2020, fourteen additional cases were confirmed, all in persons who had traveled overseas. On February 26, 2020, the first non-travel related case was confirmed in the US and by mid-March, it was detected in all 50 states.

As we enter February 2021 and think about the things we were doing one year ago, many of us long to return to this way of life. Family gatherings, musical performances, sporting events and eating out are some of the simple pleasures we took for granted and look forward to doing again.

With news of new variants of the virus, we know we must continue to follow the measures scientists identified early on as ways to mitigate the spread of COVID-19. Most of us can recite these in our sleep – wear a mask, practice good hand hygiene, maintain physical distance and avoid indoor gatherings – but with time, we can get complacent. **Please do not let down your guard!** When you leave your home, your **mask must cover your mouth and nose** to be effective. It should be at least two layers of fabric or should be a surgical mask. Some are even suggesting that you wear two masks, which is okay, but please be sure you can properly breathe if you choose to do this.

One year after these first cases, the good news is that we now have two vaccines with high efficacy rates approved for emergency distribution, with others believed to be approved soon. Across Landis Communities, we have been following the guidelines provided to us for distribution of the vaccine. At Landis Homes, clinics for Healthcare Residents and then Personal Care Residents were established. These guidelines included all team members on the Landis Homes campus. The final Healthcare clinic will take place February 8. The second Personal Care clinic will be on February 11 and the third is scheduled for March 4. At Welsh Mountain Home, residents and team members were offered their first dose on January 21. The second dose will be given February 18.

Landis Communities is continuing to update the list of Vaccine Locations posted on the website. Some of you have been successful in securing a vaccine appointment and many have reported frustration with trying to locate a vaccine. We have been working diligently to bring a vaccine clinic to the Landis Homes campus and today we can share some incredible news!

Phoebe Pharmacy has shared that they should be able to order vaccines next week. If this order is approved and there are no supply chain issues, **Landis Homes will be hosting vaccine clinics on February 23 and 24.** Residents of Landis Homes and Steeple View Lofts who qualify under the current guidelines of being 65 or older as well as those under 65 with high-risk medical conditions may be vaccinated at this time.

Life, Together

Clients of Landis Adult Day Services and Landis at Home, along with members of the Lancaster Downtowners and

those enrolled in Friends LifeCare who are eligible, may also receive the vaccine. We do not yet know if this will be the Pfizer or the Moderna vaccine, but anyone choosing to receive a first dose on February 23 or 24 must also be available for the second dose either three or four weeks later.

Some of you may already have a phone in hand, but **please do not call us**. A team member will be calling each Landis Homes Residential Living resident before the end of the week to ask if you would like to schedule a time. Other affiliates will be reaching out as well with additional information.

As we have shared, it is the goal of Landis Communities to achieve at least an 80-85% vaccination rate for both team members and residents. We understand that there are still questions about taking the vaccine. Scientific research and early distribution show that it is safe, it will not give you COVID-19, it will not alter your DNA and although there are some side effects, they are not severe. Allergic reactions have taken place in 11 cases per million doses administered but no deaths have been recorded. While at the same time, for each million people testing positive for COVID-19 in the US, nearly 17,000 are dying. We encourage each person to do their own research and to prayerfully consider taking this step toward keeping our communities safe and healthy.

Healthcare and Personal Care Reopening and Visitation

There have been some questions regarding reopening and visitation in Landis Communities healthcare and personal care settings. It can be confusing because there are several factors used to determine the stages of reopening and how these stages affect visitation.

One of the factors is what we refer to as the "Positivity Rate." This percentage is calculated by taking the number of people who test positive in a given period and dividing that by the total number tested. For example, if 20,000 people are tested and 2000 of them test positive, the positivity rate is 10%.

- Landis Homes Healthcare Indoor visitation, for reasons beyond compassionate care situations, are permitted when there has been no new onset of COVID-19 cases (team members or residents) in the last 14 days and the Lancaster County positivity is no higher than 10%. We currently pull the county positivity rates from PA Department of Health COVID-19 Early Warning Dashboard every two weeks on Tuesdays per the CMS guidelines.
- Landis Homes Personal Care Personal Care households follow different regulatory guidelines. Their color coding Red, Yellow, Green help to guide them along with the Steps outlined in their Reopening Plan and the Lancaster County Positivity Rate. Red indicates COVID-19 positive residents in the household, Yellow signifies exposure from a resident or team member and Green status is reached after 14 days in yellow with no new exposure. For face-to-face visitation to occur outside or in a neutral zone, a household must be in the Green phase, all of Personal Care is in Step 2 of the Reopening Plan (full plan is posted at Landishomes.org) and the Lancaster County Positivity Rate must be at or below 10%. Window visits only may occur when a household is in the Yellow or Green phase, when Personal Care is at any Step of the Reopening Plan and/or the county positivity rate is above 10%.
- Welsh Mountain Home visitation depends are several factors. The main factor is the current step of their Reopening Plan. For face-to-face visits they must be in Step 3 of the Department of Human Services plan to receive visitors. To get to Step 3, all team members

and staff must be negative for COVID-19 and free of any symptoms for four consecutive weeks. Even if WMH is in Step 3 of reopening, we cannot accept visitors if the Lancaster County Positivity Rate is above 10%. The Department of Health website is used to determine the county positivity rate. Vaccination of residents does not relate to changing visitation guidelines at this time. We understand that loved ones are anxious to personally connect with residents but this must be done safely and within regulations. To schedule a FaceTime visit, please contact Sarah Albertson, Director of Resident Services at WMH.

COVID-19 Cases and Deaths

The weekly report is below. We are seeing a decline in the number of resident and team member cases. There are no new deaths to report this week.

We are always grateful for the encouragement we receive from individuals across Landis Communities. An email came this morning with these meaningful words:

Some of God's blessings may be long in coming. He is always worth waiting for.

Residents, clients and family members may contact Jenny Sheckells with questions or concerns at isheckells@landis.org or 717.381.3573. You may find other communications and videos on our website: www.landis.org/COVID

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Landis Communities COVID-19 Tracking

Reporting Timeframe: January 27 - February 2, 2021 (denotes NEW in below chart)

	Organization/ Affiliate	Level of Care/Service Type	NEW Positive	Total Positive	Total Recovered	New Deaths	Total Deaths
Residents/ Clients	Landis Homes	Residential Living	1	18	15	0	2
		Personal Care*	0	28*	25	0	2
		Healthcare*	0	24*	20	0	4
	Landis Adult Day Services	All Clients	0	3	3	0	0
	Landis at Home	All Clients	0	2	1	0	0
	Welsh Mountain Home	Personal Care	0	31	25	0	6
	Mountain View Terrace	All Residents	2	3	2	0	1
	Steeple View Lofts	All Residents	0	0	0	0	0
Team Members	Landis Homes Campus (Includes Landis Homes & some Landis Communities)	Residential Living**	1	14	12	0	1**
		Personal Care	1	33	32	0	0
		Healthcare	0	66	66	0	0
		Other Campus Locations	0	0	0	0	0
	Landis Adult Day Services	All team members	0	2	2	0	0
	Landis at Home	All team members	0	10	9	0	0
	Welsh Mountain Home	All team members	0	9	9	0	0
	Steeple View Lofts te: The above to	All team members	0	0	0	0	0

Please note: The above totals are based on reported cases/ results.

^{*}Landis Homes resident case totals include residents who were admitted to more than one area.

^{**}Team member deaths are based on knowledge of positive Covid-19 results only. We are unable to confirm team member cause of death due to privacy laws.